

# INTAKE FORM

Today's Date: \_\_\_\_/\_\_\_\_/\_\_\_\_  
[centerpoint4counseling.com](http://centerpoint4counseling.com)

## Personal Information

Name:	Age:	DOB:
Work PH:	Cell PH:	Home PH:
Address:	City	State:
Zip:	# of children:	Their ages:
Circle what applies:	Single Dating Married	Separated Divorced

## General Information

How did you hear about us?

---

Briefly describe problems you want help with:

---

---

How much have you worked during the past two years?

Part Time      Full Time      Other \_\_\_\_\_

Describe your education (# of years of school, special training, etc.):

---

Describe any psychological problems you have or have had (e.g. periods of depression, anxiety, fears, phobias, problems with anger, confusion, etc.):

---

---

Please list/describe any previous counseling experience(s):

---

---

Did anyone in your family die before you were 18 years old?

Yes No Who? \_\_\_\_\_ How old were you? \_\_\_\_\_ Other family deaths?

---

**Education/Employment History**

Last grade completed in school: \_\_\_\_\_

Are you employed now? Yes    No

Present Occupation: \_\_\_\_\_

Company Name: \_\_\_\_\_

Main occupation during past 5 years: \_\_\_\_\_

List a Few Words to Describe Your Personal Faith: \_\_\_\_\_

List Those Who Support You Most Spiritually:

**Medical History**

When were you last examined by a physician?

Name \_\_\_\_\_ Present physician's name \_\_\_\_\_ Phone number  
\_\_\_\_\_

List any major health problems for which you have received treatment:

\_\_\_\_\_

Do you or your family members currently have or have ever had any of the following: (Please check all that apply)

	Self	Family
HEART PROBLEMS	_____	_____
CANCER	_____	_____
NERVOUS BREAKDOWN	_____	_____
STROKE	_____	_____
CHRONIC ILLNESS	_____	_____
ALCOHOL OR DRUG ABUSE	_____	_____

LEGAL PROBLEMS \_\_\_\_\_

LEARNING DISABILITY \_\_\_\_\_

DEPRESSION \_\_\_\_\_

OTHER \_\_\_\_\_

**List everyone currently living in your residence, including family and other:**

Name	Age	Relationship
Nearest Family Relative	PH:	

List any medications you are now taking (prescription and nonprescription): \_\_\_\_\_

Have you been abused or assaulted?

YES      NO      Don't remember (Circle One)

Did you witness abuse between your parents?

YES      NO      DON'T REMEMBER (Circle One)

Did you witness abuse between parent and child?

YES      NO      DON'T REMEMBER (Circle One)

Briefly describe your childhood: \_\_\_\_\_

**Please circle any of the following which concern you:**

- |                 |                   |                             |
|-----------------|-------------------|-----------------------------|
| NERVOUSNESS     | DEPRESSION FEARS  | SHYNESS                     |
| SEXUAL PROBLEMS | SUICIDAL THTS     | SEPARATION DIVORCE          |
| FINANCES        | ANGER             | SELF-CONTROL FRIENDS        |
| SLEEP PROBLEMS  | STRESS            | WORK/SCHOOL RELAXATION      |
| HEADACHES       | TIREDFNESS        | LEGAL MATTERS MEMORY        |
| AMBITION        | ENERGY            | INSOMNIA DECISIONS          |
| LONELINESS      | FEEL INFERIOR     | CONCENTRATE TEMPER          |
| CAREER CHOICES  | MARITAL REL       | HEALTH EDUCATION            |
| NIGHTMARES      | CHILDREN          | EATING ISSUES               |
| UNHAPPINESS     | SEXUAL ABUSE      | PHYS ABUSE BOWELS PN        |
| BEING A PARENT  | MY THOUGHTS       | STOMACH PAIN GAMBLING       |
| BINGE EATING    | EATING TOO LITTLE | TOO HEAVY/THIN SPIRITUALITY |
| UNFORGIVENESS   |                   |                             |

**Please circle any of the following strengths you have:**

- |               |               |                        |
|---------------|---------------|------------------------|
| SYMPATHETIC   | LOYAL         | SENSE OF HUMOR         |
| GOOD LISTENER | GRACIOUS      | PATIENT                |
| CONFIDENT     | DEPENDABLE    | DECISIVE OTHER         |
| HARD WORKER   | SENSITIVE     | RESPONSIBLE ORGANIZED  |
| LOGICAL       | UNDERSTANDING | SENSE OF HUMOR PATIENT |

Please use the chart below to describe your use of drugs. Complete the "yes" or "no" lines for each drug listed, and if "yes", answer the remaining questions on the line.

	No, I Never Used	Yes, I Used	If yes, age at first use	When using, frequency of use (daily, weekly, etc.)	How long since last used?
<b>TOBACCO</b>					
<b>ALCOHOL</b>					
<b>MARIJUANA</b>					

	No, I Never Used	Yes, I Used	If yes, age at first use	When using, frequency of use (daily, weekly, etc.)	How long since last used?
COCAINE					
METH/ AMPHETAMINES					
HALLUCINOGENS					
COFFEE					
OTHER					

Please add any additional information which you feel may be helpful to us:

---



---



---